

DECEMBER 2017

Winter is here Ell-Saline

Try to remain active through the holiday season. Go for walk and enjoy the Crisp fresh air!

W Low Monday Tuesday Wednesday **Friday Thursday** Country Beef Patty Potatoes & Gravy Steamed Broccoli Grapes, Roll and Jelly Milk Pepperoni Pizza 6 Chicken Patty Taco Burger Rib Patty on a Bun 4 Lasagna Potatoes & Gravy Potato Wedge Garden Salad Celery and Cucumbers Tortilla Chips & Salsa **Baby Carrots** Pineapple Tidbits **Green Beans** Leaf Lettuce & Tomato **Broccoli Florets** Apple, Garlic Bread Chocolate Chip Cookie **Diced Pears** Refried Beans Banana Milk Milk Roll, Butter & Jelly, Milk Orange Halves, Milk Milk 11 Chicken Nuggets 13 Biscuit & Gravy 1 Chili & Tortilla Chips 2 Christmas Dinner 14 Corn Dog Seasoned Rice Baked Ham **Green Pepper Strips Baby Carrots** Sausage Patty **Sweet Potatoes** Garden Salad Cucumbers Tri Tater Hash brown Patty Green Beans, Orange **Diced Peaches Apple Halves** Baked Beans, Grapes Broccoli Florets, Honey Apple Crisp Cinnamon Roll & Milk Milk Milk Tropical Fruit, Milk Milk Chicken Chili Crispito8 20 21 Cheese Pizza Garden Salad Fresh Baby Carrots Winter Break Winter Break Winter Break Tomato Salsa **Broccoli Florets** Seasoned Corn **Apple** Pineapple Tidbits, Milk Milk 26 27 25 28 29 Winter Break Winter Break Merry Christmas Winter Break**** Winter **Break**